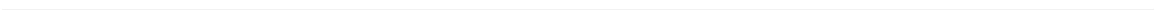


Fall 2023 | NRM 161

Introduction to Wilderness Leadership

Danielle Bessent  
Phone:



REIC 204

Tuesday and Thursday from 2:00-3:30

Classes run August 29- November 16

Overnight Field Experiences: September 30-October 1, October 14-15 or  
October 28-29

The overnight trips start early Saturday morning and don't return until just after  
dinner on Sunday night.

NRM 161 is worth 3 credits and each student will be assigned a letter grade.

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*Paper 1 Risk Management (100 points)*

Look at “Adam’s Story”. (Hand-outs provided) Write a 2 page paper analyzing the accident. What went wrong? What went right? What would you have done differently? What can be done to avoid a similar incident in the future? Use the concepts learned in class to form your opinion. The report should use APA format.

*Paper 2 Social constructs on OE (100 points)\**

Students will be given the journal article “Social Justice in Outdoor Experiential Education: A State of Knowledge Review”. Students will write a 2-3 page reaction to this article as well as use at least 2 other sources addressing social issues within Outdoor Education. Students should include their own personal reaction to the paper as well as include sources that back up claims made about the article or subject matter. This paper should be written in APA format.

*Paper 3 (100 points)- extra credit*

Student’s choice paper. Students will choose a journal article related to outdoor leadership, education, recreation, etc. and write a 2 page reflection paper. Students should include their own personal reaction to the paper as well as include sources that back up claims made about the article or subject matter. This paper should be written in APA format.

*Hike on your own (50 points)*

Go for a hike on the campus trails or somewhere in the local area! Practice using navigational tools that you learned about in class.

Give me a brief write-up of your experience.

Did you use a map, if so where did you get it?

Where did you go?

What did you use for emergency communication?

What were the risks?

How far did you walk/how long did it take you? (this is to help with pacing yourself)

Were you aware of your surroundings? What senses did you use to assess your environment?

*Lesson plan (50 points)*

Submit a brief lesson plan for your 5-10 minute lesson for the class.

*Trip plan (50 points)*

Write up a trip plan for the trip you will be leading. Either the Jack river backpacking or the Compeau Cabin overnight. Include:

menu & meal plan

pre-trip meeting itinerary



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